



COASTAL WONDERS

OF CENTRAL & SOUTH AMERICA

COSTA RICA TO PERU
 ABOARD THE LUXURIOUS MS SAINT LAURENT
 DECEMBER 5–17, 2016

DURING THE WHALE MIGRATION



EXPLORE A WORLD OF EXOTIC TREASURES

Welcome aboard the MS Saint Laurent, a superbly designed boutique vessel that captures the unparalleled intimacy, tranquility and grace of small-ship cruising. Featuring a beautifully appointed interior with only 105 staterooms, she radiates modern sophistication as she glides along the pristine shores of Costa Rica, Panama, Colombia, Ecuador and Peru.

Take in Central and South America's breathtaking, untouched landscapes and secluded islands from the refined elegance of the MS Saint Laurent. Explore lush, virgin forests, follow the remnants of once-glorious empires, and admire incredible wildlife on a remarkable 13-day expedition during the annual migration of humpback whales. Discover Ecuador's best-kept secret, Machalilla National Park, a striking blend of golden beaches and tropical dry forest, and glimpse native tradition beneath the verdant canopy of the Darién, home of the semi-nomadic Emberá. Alongside a seasoned expedition team, gain a deeper understanding of the astounding diversity on the Osa Peninsula, a precious haven for Costa Rica's endangered species: Baird's tapirs, jaguars, red-backed squirrel monkeys, and white-lipped peccaries. Witness the unique flora and fauna on Panama's Coiba Island and Colombia's Isla Gorgona, former Alcatraz-style penal colonies turned awe-inspiring national parks. Before concluding your voyage in Lima (Callao), Peru, behold the vast ruins of Chan Chan, the largest pre-Columbian city in South America.

PROGRAM INCLUSIONS:

- Scenic 13-day voyage aboard the luxurious 210-guest MS Saint Laurent
- Select complimentary expert-led zodiac excursions, featuring a special expedition team of 6, with privileged access to secluded coastal areas, inlets and bays
- All meals and beverages, including coffee, water, juice and soft drinks
- Daily cocktail hour featuring cold canapés and bar snacks one hour prior to dinner
- Private Go Next reception, including hot and cold canapés and beverages
- An experienced Go Next program manager
- Smart-casual attire throughout your journey—no formal wear required
- Attentive service from a caring staff of 85 to ensure a remarkable voyage
- Informative and enriching lectures from carefully selected onboard speaker
- Comprehensive pre-departure information
- Transfers from San José airport to Puerto Caldera for embarkation

NOT INCLUDED:

- Airfare
- Transfers from ship to Lima airport
- Passport
- Gratuities
- Port taxes and fees
- Premium excursions (Individual Pursuits)

Prices are based on double occupancy and subject to change.

STATEROOM CATEGORIES

*Outside Stateroom
Private Terrace*

OS \$9,999

*Outside Stateroom
Promenade Access*

AA \$9,399

Outside Staterooms

A \$8,999

B \$8,599

C \$8,299

D \$7,999

E \$7,699

F \$7,399

G \$6,999

Inside Stateroom

H \$6,299

(limited availability)



ITINERARY

DAY 1: SAN JOSÉ (PUERTO CALDERA), COSTA RICA

From Costa Rica's thriving capital city and urban cultural hub, San José—home to a vibrant mix of restaurants, up-and-coming museums and galleries—travel to Puerto Caldera and embark on your 12-night luxury cruise.

DAY 2: OSA PENINSULA, COSTA RICA

This morning, set out on a spectacular Zodiac expedition to the pristine Osa Peninsula, arguably Costa Rica's crown jewel. Touted by National Geographic as "one of the most biologically intense places on Earth," this naturally glorious reserve is home to endangered species, including jaguars, harpy eagles, red-backed squirrel monkeys, and white-lipped peccaries. Take in lush greenery, streamlets and rocky coves while looking out for turquoise cotingas, black-cheeked ant-tanagers, and mangrove hummingbirds. This evening, celebrate your first day of discovery with cocktails and a festive welcome dinner on board.

DAY 3: COIBA ISLAND, PANAMA

Immerse yourself in the wild richness of Coiba Island, famed as the largest uninhabited tropical forested island in the Americas. Once a playground for swashbuckling pirates, and later transformed into a notorious penal colony, the island is now a prized national park and UNESCO World Heritage Site brimming with life. A precious haven for birds and mammals found nowhere else on earth, as well as species that have largely disappeared from the mainland, Panama's largest island also offers vast reefs, breathtaking lagoons and tranquil, palm-lined beaches. Accessible by permit only, you'll have the chance to go ashore with your expedition team in search of scarlet macaws, crested eagles, and endemic subspecies such as the Coiba Island howler monkey, the Coiba agouti, and the Coiba spinetail.

DAY 4: DARIÉN NATIONAL PARK, PANAMA

Navigate through the dense jungle of this bird-watcher's paradise, where you may see weaverbirds, yellow-bellied great kiskadees, red-cheeked woodpeckers, tapirs, sloths, capybaras, and more. Surrounded by the Sierra de Jungurudo Mountains, Darién National Park represents five ecological zones of tropical forest from the high elevations to lowlands, with about 10,000 known species of plants. One of the largest and wildest national parks in Central America, the Darién is home to the semi-nomadic Wounaan and Emberá, who decorate their bodies with black geometric tattoos. They use blowpipes for hunting and dugout canoes to navigate the many rivers and streams of the jungle.

DAY 5: CRUISING THE COLOMBIAN COAST

DAY 6: ISLA GORGONA, COLOMBIA

Blanketed in thick tropical rainforest and punctuated by deserted sandy beaches, this volcanic island claims both a stunning backdrop and a colorful history. From 1959 to 1984, Isla Gorgona served as a high-security prison for Colombia's most notorious criminals. Declared a national park in 1985, this breathtaking setting is yours to enjoy today as you venture into the rainforest to watch for blue anole lizards, sloths, white-headed capuchins, brown boobies, and red-legged honeycreepers.

DAY 7: MANTA, ECUADOR

Once a trading port for the pre-Columbian Mateña people, Manta—their namesake—has evolved into a bustling seaport complete with unspoiled beaches, including El Murciélagos, Santa Marianita, San Lorenzo, and Barbasquillo. Experience this delightful city, or perhaps travel to the quaint town of Montecristi, brimming with 17th-century charm and best known as the original birthplace of the Panama hat.

DAY 8: MACHALILLA NATIONAL PARK, ECUADOR

Today, head ashore for an excursion into Ecuador's only coastal national park. An important wetland under the Ramsar Convention, beautiful Machalilla National Park—the only waved albatross habitat outside of the Galápagos Islands—showcases beaches, cloud forest, dry forest, and a number of islands, including the famed Isla de la Plata and Salango. Discover the exceptional creatures that flourish here, from armadillos and monkeys to more than 270 species of birds.

DAY 9: CRUISING THE ECUADORIAN COAST

Humpback whales, found off the coast of Ecuador from June to October, feed in polar waters in the summer and migrate to tropical and subtropical waters to breed and give birth in the winter. Perhaps witness this migration first-hand as you spend the day cruising along the Ecuadorian coast.

DAY 10-11: SALAVERRY (TRUJILLO), PERU (OVERNIGHT)

Founded by Spanish conquistador Pizarro, Salaverry is a historical gem with numerous archaeological excavations and is a jumping-off point to explore the ancient Chimú capital of Chan Chan—the largest pre-Columbian city in South America and the largest adobe city in the world. Nearby is Huaca del Sol and Huaca de la Luna (the Temples of the Sun and the Moon), two remarkable temples that date back to the Moche period. The day's tour highlights the rich tradition, religion, art, agriculture, and architecture of these captivating sites.

DAY 12: CRUISING THE PERUVIAN COAST

Relax and enjoy cruising along the Peruvian coast, watching for Humboldt penguins, Guanay cormorants, and migrating whales. In the evening, gather on deck for a special cocktail reception, followed by a farewell dinner.

DAY 13: LIMA (CALLAO), PERU

In the morning, disembark the MS Saint Laurent and transfer to the airport for your return flight home.

Itinerary and sightseeing are subject to change.