Rhône Valley THE FRENCH ALPS

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MAY 2-10, 2016



S itting at the confluence of the gentle Saône and fast-flowing Rhône rivers, the city of Lyon has welcomed the influx of new ideas in commerce, architecture, art, textiles and food over the centuries since it was founded more than 2,000 years ago. Today, it is France's third-largest city and home to the country's second-largest university. With excellent museums, an unparalleled culinary scene, spectacular Roman ruins, unique boutiques and more, Lyon is approachably sophisticated. Let beautiful Lyon be your home during this exploration one of France's most celebrated regions, the Rhône-Alpes, of which it is the capital.



PROGRAM HIGHLIGHTS

- Stay in the historic city of **Lyon**, France's third-largest city and the gastronomic capital.
- Take a leisurely cruise of the Saône and Rhône rivers.
- ► Marvel at the Roman ruins in **Vienne.**
- ► Learn the secrets of Lyonnaise cuisine during a **cooking demonstration**.
- Cruise the glacial lake in the alpine city of **Annecy.**
- Sip Rhône and Beaujolais wines while touring wineries.



The unique, value-added features of Alumni Campus Abroad[®] programs deliver an outstanding educational travel experience.

- A carefully selected hotel with comfortable accommodations is perfect for exploring the region's renowned landmarks and off-thebeaten-path treasures while providing the opportunity to immerse yourself in the local culture and lifestyle.
- Groups are limited to 36 travelers to maximize your travel experience.
- An extensive meal plan is seasoned with traditional specialties.
- Meet the People opportunities allow you to interact with local residents and gain personal insight into their everyday lives.
- Knowledgeable guides lead your excursions and **local experts** present insightful educational lectures.
- An experienced Campus Director ensures attentive service for the duration of your stay.
- All gratuities for excursion guides and drivers are included.

Howdy, Ags!

We invite you to join us on a journey to the Rhône Valley and the French Alps, one of the most intriguing areas in all of France. Our home for seven nights will be Lyon, the gastronomic capital of France and a cultural crossroads due to its location by the Rhône and Saône rivers. Join us as we explore 2,000 years of history, sip fantastic Rhône wines and dine on delicious local cuisine.

This exciting travel program has been planned by our experts and is designed to show you the best of Lyon and its environs. Our exclusive educational content provides you with a deeper understanding of the region and opportunities to meet local people, as well as, deliver occasions to learn about the local lifestyle and culture. We've also incorporated enough leisure time to explore independently and make your own exciting discoveries.

Space on this travel program is limited. Enjoy the value, ease and camaraderie of group travel while exploring an exciting destination. Make your reservations now to reserve your spot on this French adventure!

Gig 'em!

Jennifer Bohac

Jennifer Bohac '87, Ph.D. Director, Travel Programs The Association of Former Students

"Thank you for providing an excellent experience with wonderful new friends. We learned, laughed, and enjoyed as we were in awe of our surroundings!"

-Chris '73 and Karen Claunch

"The more trips we take with the Traveling Aggies, the more we want to take! We have NEVER been disappointed. We always love having people we trust along with us when we venture into unknown countries and settings. We always come home counting our new 'best friends!'"

> -Tim '74 and Judy '78 Turner

"We will tour again and again with the Aggies!"

-Martha Bellens Martin '85

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RHONE VALLEY & THE FRENCH ALPS THE FRENCH HEARTLAND



Immerse yourself in Lyon, a metropolis that feels cozy enough to seem like a much smaller town. Get to know Lyon. Delve into its rich history. Stop in a bouchon, a type of restaurant found only in Lyon, for true Lyonnaise cuisine. Venture to the nearby town of Vienne to wander through its spectacular collection of Roman ruins. Quench your thirst during your exploration of Rhône and Beaujolais wine country, and take a deep breath of fresh mountain air in the French Alps.

DAY ONE

Depart for Lyon, France.*

*Provided for AHI FlexAir participants.

DAY TWO

LYON, FRANCE

Arrive in Lyon and transfer to the Hotel Carlton Lyon.

Excursion: *Orientation Walk.* Join your Campus Director for an orientation walk of the neighborhood around your hotel. Kick off your trip with a festive Welcome

Reception and Dinner with your fellow travelers at a brasserie.

DAY THREE

LYON

Educational Focus: *Lyon.* Discover the illustrious history of Lyon, which was the capital of Roman Gaul.

Excursion: *Vieux Lyon.* Visit the Quartier St. Jean in the historic old city to take a look at its medieval and Renaissance monuments. Visit the Basilique Notre Dame de Fourvière, which sits atop a hill overlooking the city.

Independent Exploration: The afternoon is free to explore the city on your own.



UNESCO The Historic Site of Lyon is a UNESCO World Heritage site featured in this program.

Local Flavor: Enjoy a lovely French dinner.

DAY FOUR

VIENNE

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BD

Excursion: *Vienne*. Originally the capital of the Allobroges, a Gallic tribe, Vienne flourished under the Romans and also in the Middle Ages. Visit the Temple of Augustus and Livia, the Roman amphitheater and the Gothic St. Maurice Cathedral.

Local Flavor: Visit a Rhône Valley winery for lunch.

Educational Focus: Wines of the Rhône

Valley. The Rhône Valley is divided into the northern and southern growing areas. Learn about the differences in the terroir and types of grapes grown here.

DAY FIVE

B|L

BL

LYON

Independent Exploration: The morning is at leisure.

Local Flavor: Discover the secrets of Lyonnaise cuisine and learn how to make some local specialties during a cooking class. Then enjoy these delicious dishes for lunch.

Excursion: *Lyon.* Embark on a cruise of the Saône and Rhône rivers, the two waterways





that flow through Lyon, and see the city's landmarks from a different perspective.

DAY SIX

B|D

BL

LYON

Independent Exploration: Enjoy a day at leisure.

Educational Focus: Contemporary

France. Join a discussion about modern France and current events that are shaping the country.

Local Flavor: Gather for dinner tonight at a bouchon, a typical Lyonnaise restaurant, to try local specialties.

DAY SEVEN

ANNECY

Excursion: The Alpine Town of

Annecy. Enjoy a scenic drive to the foothills of the French Alps and lakeside town of Annecy. Stroll along the city's canals and maze of narrow streets and medieval arcades. Embark on a cruise of this beautiful glacial lake. Admire the lakeside towns and castles, which have majestic Alpine peaks as a backdrop.



BEAUJOLAIS WINES

Although Caesar's conquering army planted the first vines in 1 B.C., the Beaujolais region was truly established after Philippe the Bold's 1395 decree outlawed cultivation of the Gamay noir à jus blanc grape in the rest of Burgundy proper. The Gamay grape and Beaujolais wine flourish between Mâcon and Lyon, running 34 miles along the Saône River. Twelve Beaujolais appellations are divided into three categories: Beaujolais, Beaujolais-Villages and Cru. Basic Beaujolais, with grapes coming from the limestone and clay plains of southern Bas Beaujolais, accounts for half of the wine produced. Celebrated Beaujolais Nouveau is harvested here before its traditional release on the third Thursday in November. The more complex Beaujolais-Villages and 10 full-bodied Cru appellations are produced in hilly northern Haut Beaujolais, where the soil is rich in granite and schist. The carbonic maceration production method enhances the wine's rich fruitiness, ruby color and low tannins. The wine pairs well with French charcuterie such as saucisson de Lyon and Boudin Blanc (sausages), Brie and Camembert cheeses, and classic Cog au Vin.

Local Flavor: Visit a restaurant for lunch to enjoy some favorite local dishes.

Independent Exploration: Enjoy some free time in Annecy.





DAY EIGHT

BLD

BEAUJOLAIS | PÉROUGES Excursion: Beaujolais Wine Country

and Pérouges. Travel through the pretty Beaujolais wine region just north of Lyon. The Romans planted the first vines in the granite soil 2,000 years ago, and the region's winemaking tradition continues to this day. There are 12 appellations that may use the name Beaujolais, and the grapes used to make these wines must be harvested and sorted by hand. Continue to picturesque Pérouges. Step back in time in this medieval walled town. Wander the cobblestone streets and see the two medieval gates that guard the entrances to the town.

Local Flavor: Visit a winery for a tour, a wine tasting and lunch.

Tonight, attend a Farewell Reception, Graduation Ceremony and a Farewell Dinner. R

DAY NINE

Transfer to the Lyon airport for the return flight to your gateway city.

Note: Itinerary subject to change. Some events on this program involve an element of walking.

Included meals indicated each day as $B \mid L \mid D =$ Breakfast | Lunch | Dinner.

INCLUDED FEATURES

Accommodations

 Seven nights in Lyon, France, at the first-class Hotel Carlton Lyon.

Meals

- Enjoy an extensive meal program, featuring seven breakfasts, four lunches and four dinners. Tea or coffee is included with all meals, plus wine with dinner. Take advantage of leisure time to try local cuisine independently.
- Sample authentic regional specialties at local restaurants.
- Attend a special Welcome Reception and Dinner.
- Gather for a Farewell Reception and Graduation Ceremony followed by a Farewell Dinner.

Transportation

• All deluxe motor coach transfers in the Land program itinerary and baggage handling on these transfers are included.

Your Exciting Travel Program

(For details, see the day-by-day itinerary.)

- Informative educational programs, presented by local experts, will enhance your insight into the region.
- Personal VOX listening devices allow you to hear every word from your expert, English-speaking guides.
- All excursions:
 - Explore the historic city of Lyon.
 - Delve into France's Roman past in Vienne, and visit a Rhône Valley winery.
 - -Watch a chef create local specialties before enjoying them for lunch.
 - Cruise the Saône and Rhône rivers.
 - -Visit the town of Annecy in French Alps.
 - Explore Beaujolais wine country and the pretty village of Beaujolais.

Many Included Extras

- Consultation services of a dedicated **Passenger Service Representative** prior to departure.
- Services of an experienced **Campus** Director.
- Detailed travel and destination information to assist in your planning.
- Tipping of excursion guides and drivers.
- Complimentary travel wallet.

ACCOMMODATIONS





HOTEL CARLTON LYON

The Hotel Carlton Lyon occupies an enviable location on the peninsula between the Saône and Rhône rivers, making it ideally located for exploring the city. After a day of sightseeing, meet for cocktails in the Le Bar du Carlton followed by dinner at Le Center, the hotel's brasserie. The hotel also has a spa. Enjoy well-appointed rooms designed with your comfort in mind. Wi-Fi is complimentary.









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AHI FLEXAIR May 2-10, 2016

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